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HEALTH AND WELLBEING BOARD  
MINUTES OF THE MEETING HELD ON 27 JULY 2016

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Present: Councillors Lewzey, Dr Paffey, Payne (items 1-5 only), Taggart and Shields  
Dr Sue Robinson, Bob Coates, Derek Law and Kim Drake

Apologies: Rob Kurn

In Attendance Councillor Kaur

1. **APOLOGIES AND CHANGES IN MEMBERSHIP (IF ANY)**

Apologies for absence were submitted on behalf of Rob Kurn, Healthwatch. It was noted that Harry Dymond was attending in his place.

2. **ELECTION OF CHAIR AND VICE-CHAIR**

RESOLVED that Councillor Shields be elected as Chair and Dr Robinson be elected as Vice-Chair for the 2016/2017 Municipal Year.

3. **DISCLOSURE OF PERSONAL AND PECUNIARY INTERESTS**

Councillor Shields declared a personal interest in that he was a Council appointed representative of Solent NHS Trust and remained in the meeting and took part in the consideration and determinations of items on the agenda.

Councillor Lewzey declared a personal interest in that he was a Council appointed representative of Southern Health NHS Foundation Trust and remained in the meeting and took part in the consideration and determinations of items on the agenda.

Councillor Payne declared a personal interest in that he was a Council appointed representative of Solent NHS Trust and remained in the meeting and took part in the consideration and determinations of items on the agenda.

4. **MINUTES OF THE PREVIOUS MEETING (INCLUDING MATTERS ARISING)**

RESOLVED that the minutes of the meeting held on 23<sup>rd</sup> March 2016 be approved and signed as a correct record.

Matters Arising - Minute 37 – Headstart Strategy

The Committee noted that the Big Lottery Bid had not been successful. There had been feedback on key learning points which would be taken on board and re-channelled to see how this could be implemented into the Transformation Programme.

The Committee formally acknowledged the hard work staff had contributed to this programme and placed on record their thanks.

## 5. **MENTAL HEALTH AND SUICIDE PREVENTION UPDATE**

The Committee received a presentation from Sally Denley, Public Health who provided an update on the work being undertaken on mental health and suicide prevention.

It was noted that the suicide audit recently undertaken had produced data that would be used to inform the suicide prevention plan and that the core aims would include:

- Reducing the risk of suicide in high risk groups;
- Tailoring approaches in specific groups to improve outcomes;
- Reducing the access to the means of suicide;
- Supporting media coverage
- Supporting research and data collection.

The Committee noted that loneliness was the biggest factor in Southampton based on evidence from suicide information and that the Overview and Scrutiny Committee had appointed a Scrutiny Inquiry to look into loneliness which would commence shortly.

## 6. **PREVENTION AND MANAGEMENT OF CHILDHOOD OBESITY**

The Committee considered the report of the Interim Director of Public Health detailing a proposal to develop a Childhood Obesity Prevention Plan and seeking collaboration across Council departments in the development and implementation of the Plan.

The Committee highlighted the impact of obesity and the importance of having the correct national strategy that schools responded to the issues of obesity and a local framework which worked through families to make a behaviour change environment.

### **RESOLVED**

- (i) that the development of a city wide plan for the prevention and management of childhood obesity be endorsed and action taken should seek to achieve a reduction in health inequalities by targeting the most deprived communities;
- (ii) that a city wide approach across a range of sectors to address wider determinants for childhood obesity be endorsed; and
- (iii) that a target to tackle childhood obesity as recommended by the workshop, to increase the proportion of healthy weight children in the City and reduce excess weight among children by 5% in 5 years be approved.

## 7. **PUBLIC HEALTH ANNUAL REPORT 2015: HEALTH AND WELLBEING BOARD RESPONSE**

The Committee received and noted the report of the Chair of the Health and Wellbeing Board detailing the Health and Wellbeing Board's response to the Public Health Annual Report 2015 recommendations.

8. **FAIRNESS COMMISSION: HEALTH AND WELLBEING BOARD RESPONSE**

The Committee received and noted the report of the Chair of Health and Wellbeing Board detailing the Health and Wellbeing Board's response to the Fairness Commission's recommendations.

9. **SUSTAINABILITY AND TRANSFORMATION PLAN 2016: UPDATE**

The Committee received and noted the report of the Chief Executive, Southampton City Clinical Commissioning Group detailing the draft submission of the Hampshire and Isle of Wight Sustainability and Transformation Plan which the Chair of the H&WBB had also submitted a letter in support of on behalf of the Board.